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What is claimed is:

- 1. A disposable oral hygiene device comprising:
 - a. an elongated member having a first end and a second end; and
 - b. a swab secured to said first end, said swab comprising a nonwoven fabric.
- 2. The disposable oral hygiene device of claim 1 wherein said nonwoven fabric has a base plane and multiple raised areas, said multiple raised areas protruding from said base plane to impart upon said nonwoven fabric a three-dimensional topography.
- The disposable oral hygiene device of claim 1 wherein said nonwoven fabric comprises overlapping thermoplastic fibers defining an array of hollow projections protruding from said fabric.
- 4. The disposable oral hygiene device of claim 1 wherein a first swab is secured to said first end, and a second swab is secured to said second end.
- 5. A disposable oral hygiene device comprising:
 - an elongated member having a first end and a second end, said elongated member comprising a thermoplastic material, said elongated member having a compressive energy of from about 0.226 Joules to about 2.26 Joules; and
 - b. a swab secured to said first end.
- 6. The disposable oral hygiene device of claim 5 wherein said elongated member has a compressive energy of from about 0.339 Joules to about 1.13 Joules.
- 7. The disposable oral hygiene device of claim 5 wherein said elongated member includes a hinge.
- 8. The disposable oral hygiene device of claim 5 wherein said elongated member includes a permanent bend.
- The disposable oral hygiene device of claim 5 wherein said elongated member includes a permanent hook.
- 10. The disposable oral hygiene device of claim 5 wherein said elongated member is hollow.
- 11. The disposable oral hygiene device of claim 10 wherein said thermoplastic material is polypropylene.

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- 12. The disposable oral hygiene device of claim 10 wherein said elongated member has a wall thickness of from about 0.35 mm to about 0.50 mm.
- The disposable oral hygiene device of claim 5 wherein said swab comprises a nonwoven fabric.
 - 14. The disposable oral hygiene device of claim 13 wherein said nonwoven fabric comprises overlapping thermoplastic fibers defining an array of hollow projections protruding from said fabric.
 - 15. The disposable oral hygiene device of claim 14 further comprising a dentifrice applied to said swab.
- 15 16. A disposable oral hygiene device comprising:

a hollow elongated member having a first end and a second end, said elongated member comprising a polypropylene material, said elongated member having a compressive energy of from about 0.452 Joules to about 0.791 Joules, said elongated member having a wall thickness of from about 0.35 millimeters to about 0.50 millimeters; and

a swab secured to said first end, said swab comprising a nonwoven fabric, said fabric comprising overlapping thermoplastic fibers defining an array of hollow projections protruding from said fabric.

- 17. A method of making a disposable oral hygiene device comprising:
 - a. providing an elongated member having a first end;
 - b. folding a fabric over said first end to create a first layer and a second layer, with said elongated member sandwiched therebetween;
 - c. securing said fabric to said elongated member; and
 - d. securing said first layer to said second layer.
 - 18. A method of making a disposable oral hygiene device comprising:
 - a. providing an elongated member having a first end;
 - b. winding a fabric around said first end; and
- c. securing said fabric to said elongated member.

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19. A process of providing oral hygiene care comprising:

providing a disposable oral hygiene device comprising an elongated member having a first end and a second end, wherein a swab is secured to said first end, said swab comprising a nonwoven fabric; and

cleaning a mouth with said disposable oral hygiene device.

- 20. The process of claim 19 wherein said nonwoven fabric comprises overlapping thermoplastic fibers defining an array of hollow projections protruding from said fabric.
- 10 21. The process of claim 19 wherein said elongated member comprises a thermoplastic material, said elongated member having a compressive energy of from about 0.226 Joules to about 2.26 Joules.
 - 22. A process of providing oral hygiene care comprising:

providing a disposable oral hygiene device comprising a hollow elongated member having a first end and a second end, said elongated member comprising a polypropylene material, said elongated member having a compressive energy of from about 0.452 Joules to about 0.791 Joules, said elongated member having a wall thickness of from about 0.35 millimeters to about 0.50 millimeters, wherein a swab is secured to said first end, said swab comprising a nonwoven fabric, said fabric comprising overlapping thermoplastic fibers defining an array of hollow projections protruding from said fabric; and

cleaning a mouth with said disposable oral hygiene device.

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